

CENTURYLINK

WILMINGTON WHITEFACESM

LEADVILLE RACE SERIES



 **2018 ATHLETE GUIDE** 

WELCOME TO THE ADIRONDACKS!

Youphoria Productions proudly presents the 8th annual CenturyLink Wilmington Whiteface MTB. This exciting race is hosted at the Whiteface Mountain Ski Resort approximately three miles from Wilmington, New York — known for its growing trail network and beautiful mountain scenery. 100K riders: complete the out-and-back loop in under eight hours for your chance to qualify for the legendary CenturyLink Leadville Trail 100 MTB. It's awesome to have the 50K racers in the mix, too!

Riders and spectators, join us on Sunday for the **NEW AdiRUNdack 10K/5K Run**, featuring a challenging loop course on the Whiteface Mountain trails. All Wilmington Whiteface MTB participants receive \$5 off the cost of registration. Don't forget your appetites and your lawn chairs on Saturday: you'll be treated to live music, post-race food and cold beer.

Please remember that the Whiteface venue, Town of Wilmington and entire local community do a lot of work to prepare the course and offer a first-class racing experience. We thank you for being courteous and doing your part to keep the venue clean.

Thank you for racing with us, and we hope to see you at another Youphoria Productions event soon!

Warm Regards,

Josh Colley
Abbie Gilstrap
Abbie Yarger



SCHEDULE OF EVENTS

****ALL EVENTS TAKE PLACE AT WHITEFACE MOUNTAIN SKI RESORT**
5021 NY-86
Wilmington, NY 12997

THURSDAY, MAY 31

3 – 6 p.m. Registration & Packet Pickup

Get your participant shirt, race plate and answers to your race-day questions. Photo ID is required. Packets must be picked up in person. They will not be given to others. Athlete drop bags (100K) will be accepted at this time.

FRIDAY, JUNE 1

12 – 2 p.m. Course pre-ride with Patrick Carey

Two-time 50K winner and three-time 100K finisher Patrick Carey lives and trains in the High Peaks of the Adirondacks. A USA Cycling and IRONMAN-certified coach, Patrick uses his 20 years of endurance sports experience working one-on-one with cyclists and multisport athletes at Speed Science Coaching. Scope out the course, meet your fellow riders and get advice from Patrick before the big day.

2 p.m. Pre-race meeting

Race staff will run through final details, last-minute changes, course descriptions and other important information.

3 p.m. – 7 p.m. Registration & Packet Pickup

Get your participant shirt, race plate and answers to your race-day questions. Photo ID is required. Packets must be picked up in person. They will not be given to others. Athlete drop bags (100K) will be accepted at this time.

5:30 p.m. Whiteface Uphill Bike Race begins

If you like a challenge, this is the road race for you. This USATF-certified course covers 11 miles over an 8% grade up Whiteface Mountain's scenic Veteran's Memorial Highway. The starting line is at the Whiteface Mountain Ski Resort, and the finish line is at the castle on the summit of Whiteface.
> [Click to learn more](#)

SATURDAY, JUNE 2 – RACE DAY!!!

5:30 – 6:30 a.m. Registration & Packet Pickup

Get your participant shirt, race plate and answers to your questions. Photo ID is required. Packets must be picked up in person. They will not be given to others. **Athlete drop bags will NOT be accepted on race day.**

7 a.m. RACE START

Each athlete will self-position at the start line based on ability, with pros up front. 50K and 100K riders will start together. PLEASE be honest with your start location as it is a safety measure for all athletes! Space is first-come first-serve. Please do not leave your bike unattended in the start corral.



2018 participant shirt

**SPEED SCIENCE
★ COACHING ★**



SCHEDULE OF EVENTS (CONT'D)

11 a.m. Finish Festival begins

Join us for live music, cold beer, great grub and even better company.

3:00 p.m. Official 100K Finish Time

Riders must finish by this time to be eligible for the LT100 MTB lottery.



3:30 p.m. Awards Ceremony & LT100 MTB Lottery

We'll call up overall and age group winners for their place on the podium, plus we'll hand out rad prizes including the **BIKE GIVEAWAY** (pictured above, click for details) from our sponsors. Stick around for an announcement to enter your race number (a tab attached to your race plate) into the hat for your chance to win a coveted LT100 MTB slot. Winners must be present to claim their spot, which they can utilize this summer or defer to next year. See the LT100 Qualifier Explanation page for more info.

SUNDAY, JUNE 3

9 a.m. *NEW* AdiRUNdack 10K/5K start

Check out the new AdiRUNdack 10K/5K trail run, featuring a challenging loop course on the Whiteface Mountain trails. All Wilmington Whiteface MTB participants receive \$5 off the cost of registration.

> [Click to learn more](#)



ALL WEEKEND: RACE GEAR FOR SALE!

Visit our retail tent throughout the weekend and check out our retail T-shirts (pictured), water bottles, trucker hats and more.

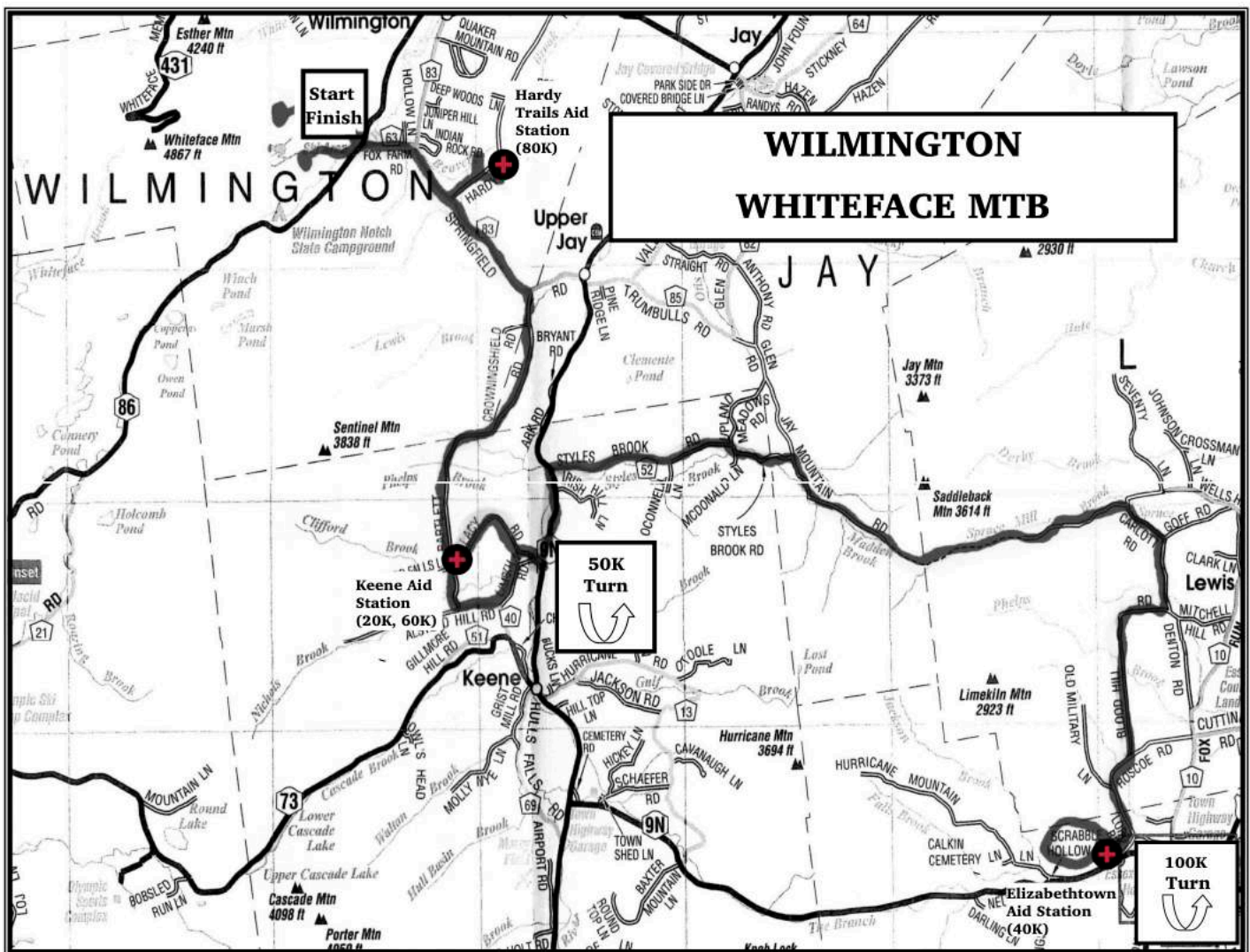


2018 retail shirt

COURSE MAP

The race starts and finishes at Whiteface Mountain Ski Resort, featuring a mix of rugged backcountry roads, stretches of flowing and smooth singletrack, fast descents over ski trails and plenty of climbing (7840 foot elevation gain). Explore Jeep roads near Jay and Saddleback mountains, along with technical stretches of singletrack at Hardy Road Trails, the Flume Trail and Whiteface Mountain — the site of the 1980 Olympic Winter Games' downhill ski races offering the greatest vertical drop east of the Rockies. All racers ride one lap in the finish section on Whiteface Mountain.

wilmingtonwhitefacemtb.com/virtualcoursemap/



"Of all the qualifiers outside of Leadville, this is the course that most resembles the CenturyLink Leadville Trail 100. It has two big climbs and is an out-and-back format like the course in Leadville. It also has quite a bit of pavement and like the LT100, drafting and riding in groups is common. Like the CenturyLink Austin Rattler, this course also has some fun and not overly challenging singletrack riding."

—Dave Wiens, 6-time LT100 MTB champion

COURSE INFORMATION

COURSE CUTOFFS

3 p.m. Official Finish Time

You must complete the 100K race in less than eight hours to qualify for the CenturyLink Leadville Trail 100 MTB. Our desire is to see everyone finish, and we will support you the best we can. However, if we do need to remove someone for missing the cutoff, the decision of the race official is final.

Racers who are registered for the 100K distance will NOT be allowed to change and compete in the 50K distance once the race begins. This will be an automatic DQ. If you are registered for the 100K and wish to change to the 50K, please see one of the Abbies at the packet pickup area to switch the day prior to the race. Please know we are unable to provide a refund for the difference in price.

AID STATIONS/ON-COURSE SUPPORT

Aid stations are located approximately every 20K along the course:

- Start/finish
- Keene Aid Station (20K, 60K)
- Elizabethtown Aid Station (40K)
- Hardy Trails Aid Station (80K)

Each aid station offers Gu Energy Gels, Gu Roctane, water, fruit and light snacks with volunteer assistance. Our official bike shop partner High Peaks Cyclery will be on hand with mechanical support.



DROP BAGS (100K only)

Drop bags will be collected during packet pickup on Thursday or Friday. **We will NOT accept drop bags on race day.** Bags will be transported to the Elizabethtown Aid Station (40K point) and returned to the finish line after the race. **Please remember to claim your items!**

RACE PLATES

Race plates must be visible at all times and tied to the handle bars of your bike. Please do not cut or fold your plate, as the affixed timing chip could become damaged and not record your race times or photos.

Hang on to the small tab with your number on it. This is your ticket to enter the LT100 MTB drawing, which will take place after the Awards Ceremony at 3:30 p.m. (see the Schedule of Events for more information).

RACE CATEGORIES

- Pro
- Solo Male/Female
- Single Speed
- Tandem (100K only)

TURN-BY-TURN COURSE DIRECTIONS

Start

Entrance Bridge to Whiteface Mt Asphalt Entrance Road
Left NYS Rte 86 Asphalt 2-Lane State Highway
Right Fox Farm/County Road 63 Asphalt 2-Lane County Road
Right Springfield/County Road 12 Asphalt 2-Lane County Road
Right Bartlett Road Dirt Seasonal Jeep Road
Left Lime Kiln Road (alternate route) Dirt Seasonal Jeep Road
KEENE AID STATION Lacy Road Rte 9N Intersection
Left NYS Rte 9N Asphalt 2-Lane County Road
Right Styles Brook Road/County Road 52 Asphalt 2-Lane County Road
CREWING STATION Right Jay Mt Road Dirt Seasonal Jeep Road

Intermediate 1

Right Carlott Road Dirt Town Road
Right Burpee Road Dirt Town Road
Left Bloodhill Road Dirt Town Road
Right Roscoe Road Asphalt 2-Lane County Road
Right Bronson Road Dirt Town Road
Right Blueberry Hill Trails Singletrack Trail
Left Lord Road Asphalt 2-Lane County Road
ELIZABETHTOWN AID STATION/BAG DROP Lord Road

Intermediate 2

Left Roscoe Road Asphalt 2-Lane County Road
Left Bloodhill Road Dirt Town Road
Left Carlott Road Dirt Town Road
Left Jay Mt Road Dirt Seasonal Jeep Road

Intermediate 3

Left Styles Brook Road/County Road 52 Asphalt 2 Lane County Road
Left NYS Rte 9N Asphalt 2-Lane County Road
KEENE AID STATION Lacy Road Rte 9N Intersection
Right Lime Kiln Road (alternate route) Dirt Town Road
Right Bartlett Road Dirt Seasonal Jeep Road
Left Springfield/County Road 12 Asphalt 2-Lane County Road
Right Hardy Road Asphalt 2 Lane County Road
Right Hardy Road Trails Singletrack Trail
HARDY TRAILS AID STATION
Straight cross Hardy Road continue on trail system Singletrack Trail Right Hardy
Road Asphalt 2-Lane County Road
Right Springfield/County Road 12 Asphalt 2-Lane County Road
Left Fox Farm/County Road 63 Asphalt 2-Lane County Road
Right NYS Rte 86 Asphalt 2-Lane County Road
Left Wilmington Flume Trail Network Singletrack Trail
Entrance to Flume trail network

TURN-BY-TURN COURSE DIRECTIONS (CONT'D)

Intermediate 4

Straight Flagged Trail to Summit of Quad Chair Gravel Seasonal Jeep Road

Straight Flagged Trail Down Ski Area Gravel Ski Trails/Gravel Road FINISH – Main Lodge

LEADVILLE TRAIL 100 MTB QUALIFIER EXPLANATION

The CenturyLink Wilmington Whiteface MTB provides 60 qualifying slots to the CenturyLink Leadville Trail 100 MTB based on the total number of registered riders at each qualifier event. Half of the qualifying spots will be allocated based on the top age-group performances and half will be drawn among riders who finish the qualifier race within the allocated cutoff time (sub-8 hours).

WILMINGTON WHITEFACE MTB IS ALLOCATED 60 SLOTS BASED ON TOTAL REGISTRANTS

- 50% of slots will be distributed based on performance at the Austin Rattler MTB.
- Slots will be distributed to each gender and age group (20-29, 30-39, etc.) based on the percentage of total athletes in those age groups, with a minimum of one slot for every age group. The top athletes in each age group will receive the allocated slots.
- In the event a top athlete elects not to accept a slot, the slot will roll down to the next athlete in the results, within the age group.
- In the event slots are not claimed after the roll down in each age group, those slots will be allocated to the event lottery, as described below.
- One slot will be allocated for the top single speed rider.
- Slots will be allocated to the top tandem team.

50% OF SLOTS WILL BE DISTRIBUTED THROUGH THE LOTTERY

- All finishers under the pre-determined maximum finish time, who have indicated their desire to participate in the lottery, will be entered in the lottery when they put the lottery tab from their race plate into the drawing at the Awards Ceremony.
- Names will be drawn from the eligible lottery athletes and slots will be given out.
- In the event an athlete opts not to accept a slot, the slots will roll down to the next athlete that is drawn, until ALL slots have been distributed.

QUALIFICATION SLOTS MUST BE CLAIMED IN PERSON IMMEDIATELY.

Registration for the LT100 MTB must be completed and paid for within the allotted timeframe (you'll get the details when you claim your spot). For the 2018 Qualifiers, riders may elect to race in the LT100 MTB for 2018 or defer until 2019. Through the registration process, riders will be asked to select the year they prefer to race.

ONLY SOLO 100K RIDERS WILL BE CONSIDERED POTENTIAL QUALIFIERS.

50K riders are welcome to race but will not be eligible for a LT100 MTB slot.

ALL LT100 MTB REGISTRATION FEES ARE NON-TRANSFERABLE AND NON-REFUNDABLE.

You heard the man.

LT100 MTB CORRAL/START POSITION

As one of the most well-known mountain bike races on earth, getting into the CenturyLink Leadville Trail 100 MTB has always been difficult. A qualifier event could not only gain you entry into the LT100 MTB, but it could also boost your corral starting position in the Race Across the Sky!

Rider starting positions will be organized in color-coded corrals. These positions will be based on a finish time from the 2017 (year prior only) LT100 MTB race, a 2017 or 2018 qualifier event finish time, or if you hold a current USCI Pro Elite license. Please enter finish times or license numbers when prompted during the registration process.

Corrals will be assigned as follows (click to enlarge):

2018 LEADVILLE TRAIL 100 MTB QUALIFIER TIMES & CORRAL PLACEMENTS

EVENT	GOLD	SILVER	RED	GREEN	PURPLE	ORANGE	BLUE	WHITE
2017/18 Austin Rattler	Sub 4:00 hrs	Sub 4:15 hrs	Sub 4:30 hrs	Sub 5:00 hrs	Sub 5:30 hrs	Sub 6:30 hrs	Sub 7:00 hrs	New racers OR No qualifying time
2017/18 Wilmington Whiteface 100k	Sub 4:15 hrs	Sub 4:45 hrs	Sub 5:00 hrs	Sub 5:30 hrs	Sub 6:00 hrs	Sub 7:00 hrs	Sub 8:00 hrs	
2017/18 Lutsen 99er	Sub 5:30 hrs	Sub 5:45 hrs	Sub 6:00 hrs	Sub 6:15 hrs	Sub 7:00 hrs	Sub 7:30 hrs	Sub 9:00 hrs	
2017/18 Silver Rush 50 Mile	Sub 4:15 hrs	Sub 4:30 hrs	Sub 5:15 hrs	Sub 5:45 hrs	Sub 6:30 hrs	Sub 7:15 hrs	Sub 8:00 hrs	
2017/18 Tahoe Trail 100k	Sub 4:15 hrs	Sub 4:45 hrs	Sub 5:15 hrs	Sub 6:00 hrs	Sub 6:45 hrs	Sub 7:35 hrs	Sub 8:15 hrs	
2017/18 Leadville Stage Race	Sub 7:00 hrs	Sub 7:30 hrs	Sub 8:00 hrs	Sub 8:30 hrs	Sub 9:30 hrs	Sub 10:00 hrs	Sub 10:30 hrs	
2017/18 Barn Burner 104 Mile*	Sub 6:00 hrs	Sub 7:00 hrs	Sub 7:30 hrs	Sub 8:00 hrs	Sub 8:30 hrs	Sub 9:30 hrs	Sub 10:00 hrs	
2017 Leadville MTB 100	Sub 7:45 hrs	Sub 8:15 hrs	Sub 8:30 hrs	Sub 9:00 hrs	Sub 10:00 hrs	Sub 11:00 hrs	Sub 12:00 & VIP/Charity	
2017 Peak Woodsplitter	ALL BLUE	ALL BLUE	ALL BLUE	ALL BLUE	ALL BLUE	ALL BLUE	ALL BLUE	

* COURSE CHANGE FOR 2017, SHORTER LAPS DUE TO FIRE DAMAGE AND USFS PERMIT.

** CORRAL ASSIGNMENT TIMES ARE SUBJECT TO CHANGE AT ANY TIME AT THE SOLE DISCRETION OF THE LEADVILLE RACE SERIES.**

Already in the LT100 MTB?

If you'd like us to consider your finish time for better LT100 MTB corral placement, please send your name and finish time to Leadville@lt.life by July 27.

IMPORTANT INFORMATION AND RULES

- You **MUST HAVE** your **ID** to pick up your packet. You **CANNOT** pick up a packet for your friends.
- You **MUST HAVE** your **race plate** on your bike through the race. Please **DO NOT FOLD YOUR PLATE!**
- Riders will **start at 7 a.m.** at the start/finish area at Whiteface Mountain on Saturday, June 2.
- To qualify and be eligible for the LT100 MTB lottery, 100K racers must complete the race in **LESS THAN 8 hours.**
- **Awards** start at approximately 3:30 p.m. Awards are three-deep per age category/division.
- **Helmets** must be worn when on the bike, and your chin strap must be buckled.
- **Unsportsmanlike conduct and littering** is grounds for disqualification.
- **Abandonment:** no garbage, clothing, etc., shall be thrown on the course or surrounding areas.
- **DNFs** must be reported to timing, preferably at the start/finish line or nearest aid station.
- **No pets** on course or at start/finish area.
- Please **pick up your trash!**
- **No earphones.**

THANK YOU VOLUNTEERS!

Please take time along the way to thank our amazing volunteers. We couldn't put this race on without them! If your friends or family members would like to volunteer, please visit wilmingtonwhitefacemtb.com/volunteer or email youphoriavolunteers@gmail.com.

TRASH AND RECYCLING

There will be trash bins and recycling containers at all aid stations and at the start/finish line. Please discard any trash in the appropriate container or within 100 yards of an aid station. We will be recycling all plastic and aluminum during each of our events. Intentional littering on the course will be grounds for disqualification. The course travels through areas of exceptional beauty. Help us keep them pristine!

LEAVE NO TRACE PRINCIPALS

PLAN AHEAD AND PREPARE

Know the regulations and special concerns for the area you'll visit. Prepare for extreme weather, hazards and emergencies.

TRAVEL AND CAMP ON DURABLE SURFACES

Durable surfaces include established trails and campsites, rock, gravel or dry grasses. Good campsites are found, not made. Altering a site is not necessary.

DISPOSE OF WASTE PROPERLY

Pack it in, pack it out. Deposit solid human waste in catholes dug six to eight inches deep at least 200 feet from water, camp and trails. Cover and disguise the cathole when finished.

LEAVE WHAT YOU FIND

Preserve the past: examine, but do not touch, cultural or historic structures and artifacts. Leave rocks, plants and other natural objects as you find them.

MINIMIZE CAMPFIRE IMPACTS

Campfires can cause lasting impacts to the backcountry. Use a lightweight stove for cooking and enjoy a candle lantern for light. Where fires are permitted, use established fire rings, fire pans or mound fires.

RESPECT WILDLIFE

Observe wildlife from a distance. Do not follow or approach them. Never feed animals. Feeding wildlife damages their health, alters natural behaviors and exposes them to predators and other dangers.

BE CONSIDERATE OF OTHER VISITORS

Please be courteous and respect other visitors. Be aware of others on the trail and yield as indicated.

VENUE DIRECTIONS & PARKING

DIRECTIONS

Route 86 extends 12 miles between Lake Placid and Wilmington, New York. The Whiteface Mountain Ski Resort sits directly off Route 86. The venue is approximately three miles from Wilmington and nine miles from Lake Placid.

From New York City, New Jersey and points South

Take the New York State Thruway (I-87) north to Exit 24 (Albany). Take I-87 north (Adirondack Northway) to Exit 30. Pick up Route 9 north and follow it for two miles to Route 73. Continue on Route 73 for 28 miles to Lake Placid. Drive time from New York City: 5 hours; Albany: 2 1/2 hours.

From Boston, Springfield, Hartford

Take the Massachusetts Turnpike (I-90) to Albany. Pick up I-787 north to Cohoes. Connect with Route 7 west to I-87 north. Follow I-87 north (Adirondack Northway) to Exit 30. Pick up Route 9 north and follow it for two miles to Route 73. Continue on Route 73 for 28 miles to Lake Placid. Drive time from Boston: 5 hours.

From Buffalo, Rochester, Syracuse and points West

Take I-90 (New York State Thruway) east to Exit 36 (Syracuse). Pick up I-81 north and follow to Watertown. Take Route 3 and follow it east to Saranac Lake, then follow Route 86 east to Lake Placid. Drive time from Buffalo: 5 1/2 hours; from Rochester: 4 1/2 hours; from Syracuse: 3 1/2 hours.

From Toronto

Take 401 east to Cornwall Bridge. Pick up Route 37 east to Malone. Follow Route 30 south to Paul Smiths and pick up Route 86. Continue on Route 86 to Saranac Lake and Lake Placid. Drive time from Toronto: 5 1/2 hours.

From Ottawa

Take routes south to the Cornwall Bridge. Pick up Route 37 east to Malone. Follow Route 30 south to Paul Smiths and pick up Route 86. Continue on Route 86 to Saranac Lake and Lake Placid. Drive time from Ottawa: 3 hours.

From Montreal

Take Route 15 south to Champlain crossing, connecting with I-87 (Adirondack Northway) south. Take Exit 34 west, follow Route 9N, then Route 86 to Wilmington and on to Lake Placid. Drive time from Montreal: 2 hours.

PARKING

You will find plenty of free parking at the multiple lots located at the base of the Whiteface Ski Resort. Follow the signs into the venue when you arrive.

AT YOUR SERVICE... THE YOUPHORIA PRODUCTIONS STAFF

JOSH COLLEY
Owner, Operator & Race Director
contact@youthoriamproductions.com

ABBIE GILSTRAP
Athlete Services

ABBIE YARGER
Digital Communications



Josh



The Abbies - Gilstrap (left) & Yarger

YOUPHORIA QUALIFIERS



RACE SPONSORS

We thank the following sponsors for making the CenturyLink Wilmington Whiteface MTB possible. Whether local or national, we ask our participants and fans to look to these sponsors first for the services or products they provide. We truly could not host these amazing events without them!

